

A.S. Degree

General Education Requirements

Communication **9 hours**

ENGL 1010 Composition I 3 hours

ENGL 1020 Composition II 3 hours

SPCH 1010 Fundamentals of
Speech Comm. or other
approved 3 hours
speech/communication course

Humanities and/or Fine Arts (at least one course in literature) **9 hours**

Social/Behavioral Sciences **6 hours**

PSYC 1030 General Psychology 3 hours

Approved Course in Health and
Wellness 3 hours

History **6 hours**

Natural Sciences **8 hours**

BIOL 2010 Human Anatomy
and Physiology I 4 hours

BIOL 2020 Human Anatomy
and Physiology II 4 hours

Mathematics **3 hours**

General Education Total **41 hours**

Area of Emphasis

Introduction to Exercise 3 hours

Nutrition 3 hours

First Aid and Safety 3 hours

Prevention and Care of Athletic Injuries 3 hours

Physical Education Activity Courses (two) 2 hours

General Electives 5 hours

Area of Emphasis Total **19 hours**

Exercise Science Total **60 hours**